



CARLOS MERCADO, M.D.
Eterna M.D. Medical Rejuvenation Center

From adult stem cell collection (not embryonic) and DNA testing to address the most common devastating diseases, to non-surgical aesthetic procedures, advanced geriatric assessment and bio-identical hormone replacement, Dr. Carlos Mercado fulfills the needs of patients interested in complete rejuvenation and quality of life.

Eterna M.D.'s "advanced geriatric assessments" are for patients over the age of 65 who want to regain youthful vigor. Dr. Mercado's extensive training in geriatrics and age management gives him expertise in helping Baby Boomer patients recover memory and libido, reduce anxiety and build muscle mass. In truth, these premium services have proven useful not only for the older population, but also for those who are in their early 30s, 40s and 50s who feel they have lost that extra step and vitality! Most of his patients are family members of physicians who have seen the dramatic recovery after the treatments.

Dr. Mercado feels strongly that everyone as they get older should start "aging successfully, not just gracefully." As founder of Eterna M.D., he treats both the inside and the outside of all of his patients.

The non-surgical procedures he provides, such as laser skin resurfacing, Botox and facial fillers, can yield almost instantaneous results. Dr. Mercado has developed several laser and light source procedures with protocols that are far ahead of the industry. Dr. Mercado notes that "patients prefer to have facial and body rejuvenation with minimal downtime. They are looking for subtle yet gradual changes that reflect their age.

"One part of my job is to travel the globe to test and train in some of the newest and safest rejuvenation techniques. It is exciting to see what is being done in other parts of the world like Europe, Brazil and South America." He recently acquired the DOT laser from Italy that addresses most of the common skincare problems encountered during aging, such as blemishes, skin laxity, acne scars, and facial and body wrinkles. This technology is unique in that it uses fractionated CO2 (the gold standard for resurfacing lasers). Dr. Mercado is able to customize the treatment plan to the needs of the patient. The downtime is minimal, the procedure is safe and the results are just amazing!

Dr. Mercado has opened the Eterna M.D. Training Institute. He trains physicians in all areas related to the aging process, stem cells, rejuvenation techniques and bio-identical hormone replacement, and also consults with new physicians who are ready to enter one of the most exciting fields in medicine. He is currently working on a book to educate the public about the aging process and how to prevent chronically debilitating diseases. He was also recently chosen to be the Health Educator for Univision, a premier Spanish-language channel related to aging and beauty issues affecting the Latin community. Stay tuned by checking the Eterna M.D. website for upcoming announcements and feature health articles related to aging.

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